

How to cover your sneeze

You will need:

- tissue
- dustbin
- hand sanitizer or soap

1. First, turn your head away from others.
2. Then, cover your mouth and nose with a tissue.
3. If you do not have a tissue, sneeze into your upper sleeve or elbow, not your hands.
4. After you sneeze, throw the dirty tissue into a dustbin straight away.
5. Next, clean your hands with hand sanitizer or wash your hands well with soap and warm water.
6. Finally, dry your hands thoroughly with a disposable paper towel.



1. Think about the text ‘How to cover your sneeze’.

- a. What are these instructions about?
- b. Why has the writer of these instructions used numbers?
- c. What words did the writer use to show order?
- d. What is the purpose of this text?
- e. Where would you read this text?

2. Complete the instructions using your own imperative (bossy) verbs.

- a. _____ your head away from other people.
- b. _____ into a tissue or into your upper sleeve.
- c. _____ the used tissue in a dustbin.
- d. _____ your hands with soapy water.

3. Write down the answers to these questions.

a. What should you do in the beginning?

b. According to these instructions, where shouldn't you sneeze?

c. What do you do with the paper towel after you dry your hands?

d. Why do you think the writer added pictures to the instructions?
